

AGE: _____

CAREER: _____

DATE OF WEDDING: _____ / _____ / _____

WHAT AREAS WOULD LIKE TO IMPROVE ON IN YOUR RELATIONSHIP: _____

METHOD OF PAYMENT: Check/Money Order
 VISA MasterCard
 Discover AMEX

DOLLAR AMOUNT: \$ _____ CHECK # _____

CARD NO. _____

EXPIRATION DATE _____ / _____

SECURITY CODE (3-DIGIT # ON BACK OF CARD) _____

SIGNATURE _____

Make your tax-deductible check payable to:
In Him Ministries
Marriage Preparation Course
203 East 37th Street, Brooklyn, NY 11203



Upcoming Sessions

Spring 2009 Session

Tuesdays, March 3rd – 31st

6:30 PM – 9:30 PM

Registration Deadline: February 6, 2009

Summer 2009 Session

Tuesdays, June 2nd – 30th

6:30 PM – 9:30 PM

Registration Deadline: May 8, 2009

Fall 2009 Session

Tuesdays, September 1st – 29th

6:30 PM – 9:30 PM

Registration Deadline: August 7

Contact Information:

Pastor Gilford T. Monroe
Mt. Zion Church of God (7th Day)
203 E 37th St, Brooklyn, NY 11203
Tel: (718) 284-1097 // Cell: (718) 755-3418
Website: www.mtzioncog7.org
Email: gmonrose@yahoo.com

What People Are Saying...

"So many couples spend so much time preparing for their wedding ceremony rather than preparing for their marriage. I commend all couples intending to get married to do this course."



"I thoroughly enjoyed the course. I've learned so much and now instead of being terrified of our differences we have embraced them. Instead of worrying about what might go wrong we now have tools that will help us overcome those issues."



"Discussing new issues was a challenge, yet very rewarding and I feel drew us closer together. It was interesting to find that with most issues we had not yet discussed we had the same feelings."



"Without a doubt talking over the issues was beneficial to us. We have really tried to do things differently and put each other first."

FOR MORE INFORMATION, GO TO
WWW.THEMARRIAGECOURSE.ORG

The Marriage Preparation Course

For engaged couples



Who is it for?

The Marriage Preparation Course is for any engaged couple who wants to work at developing strong foundations for a lasting marriage, as well as any couple seriously considering marriage.

What is it?

A series of 5 evenings during which couples learn what makes a marriage work, including the importance of commitment, listening to each other and resolving conflict. The goal of the course is to provide engaged couples with the tools to build a healthy marriage that will last a lifetime.

You will look at:

- ☛ the importance of commitment
- ☛ how to recognize and appreciate your differences
- ☛ the art of communication
- ☛ resolving conflict
- ☛ spending time together
- ☛ nurturing your friendship
- ☛ making each other feel loved
- ☛ developing a good sexual relationship
- ☛ the importance of talking about your goals, values and dreams

What happens?

Each evening includes dinner, followed by short talks interspersed with exercises and questions for each couple to discuss privately with each other. There is no group discussion or any

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requirement to disclose anything personal to anyone other than your fiancé.

The meal - you will probably sit together with two other engaged couples and a married couple known as a 'support couple' (they will be your hosts for the course). You can chat to the others or just use the time to talk to each other. At no time on the course will you have to disclose anything personal to anyone else.

Talk and discussion - each evening a live talk is given or a video of the talk played. The talk is broken up with opportunities for you and your fiancé to talk through the issues raised as a couple.

Homework - at the end of each session you are given some homework to do together. This will help you to build on what you have learned and give you the opportunity to apply it to your relationship. Don't worry - it won't be marked! It isn't looked at by anyone else and is just for your own benefit.

What's the cost?

A basic charge of \$150 per couple is made to cover the cost of materials and meals.

Marriage Preparation Quick Facts

Studies show that 80-90 percent of divorcing or separating couples did not participate in professional marriage preparation educations.

Couples who participated in pre-marriage education significantly improved their communication skills, as compared to those who did not.

There is a strong evidence that skill-based relationship education helps couples acquire and maintain relationship skills that promote sustained relationship satisfaction and stability.

The Marriage Preparation Course Registration Form

BY WEB: www.mtzioncog7.org

Please have your Visa, MasterCard, Discover or American Express Card information ready.

BY PHONE: 1-866-284-9466 / 718-284-1097

Please have your Visa, MasterCard, Discover or American Express Card ready Monday – Friday 10:00 a.m. – 4:00 p.m. (EST)

BY MAIL: Send completed registration form with a tax-deductible check or charge card number to: 203 East 37th St. ■ Brooklyn, NY ■ 11203

FULL NAME: _____

ADDRESS: _____

CITY/STATE/ZIP CODE: _____

PHONE: _____

CELL: _____

ENGAGED TO: _____

DO YOU ATTEND CHURCH: Yes No

NAME OF YOUR HOME CHURCH: _____

LIVING: Together Separate
 Previously Married Separated
 Have Children _____

